

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: ADAPTIVE AQUATICS

Code No.: DSW 119

Program: DEVELOPMENTAL SERVICES WORKER (DSW)

Semester: JANUARY 1989 11

Date: JANUARY 1989

Author: ED FINN

New: _____ Revision: X

APPROVED: K. DeSantis for N. Koch
Chairperson

Date Jan 5/89

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Instructor: Ed Finn

Credits: Three

COURSE DESCRIPTION:

This field based course is designed to provide the student with opportunities to learn the threefold benefit of swimming for the disabled: physiological, psychological, and social.

COURSE GOALS:

1. To provide a process and environment to practise instruction in Adapted Aquatics.
2. To use a Task Analysis approach to basic water safety, mobility in water, water entry, beginner swimming skills, advanced swimming skills, and recreational activities.

COURSE OBJECTIVES:

1. The learner will demonstrate his/her knowledge with the disabled in a one-to-one situation, i.e. physiological: strength, coordination, range of motion, and circulation; psychological and social: experiencing success, meeting challenges, learning to work with others, and becoming part of a group.
2. The learner will demonstrate his/her knowledge with the disabled by:
 - pushing wheelchairs in and out of locker rooms,
 - lifting children on and off dressing tables and into the pool,
 - assisting individuals in dressing,
 - giving a steady, helping hand to unsteady walkers.

METHODOLOGY:

1. Field based instruction and demonstration opportunities.
2. Formulation of written plans and reports regarding individual assignments.
3. Any other methods deemed by the instructor to be appropriate.

TEXTS:

1. "The Adaptive Behaviour Curriculum", Volume 2
Prescriptive Behaviour Analyses for Moderately, Severely and Profoundly Handicapped Students. Dorothy Popovich.
2. "Manual for Teaching Swimming to the Disabled", The Canadian Red Cross.
3. "A Manual for the Aide in Adapted Aquatics", The Canadian Red Cross.

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EVALUATION:

Consistent attendance and active participation are imperative. This will constitute 33 1/3% of the final grade. The mid-term and final exam will be worth 66 2/3%.

A⁺ = 90 - 100%
A = 80 - 89%
B = 70 - 79%
C = 60 - 69%
R = Below 60%

TIME FRAME:

Three hours per week at the Y.M.C.A.